

—Teeth Talk—

14 Feb 1985

by W. Scott Danley D.D.S.

How often have we watched the commercial on television that shows an auto mechanic who sarcastically warns us about our dirty old oil filter; "Pay me now, or pay me later." How ever worn out this old cliche may seem, it will never be out of date. Everything we possess needs to be maintained. The car, the furnace, the plumbing, your body and your teeth all need to be kept in good condition if we expect to receive reasonable return from their service. No matter what it is, if we want to use it tomorrow, prevention pays.

I wish I had a dollar for everytime that I've gone out on the lake for a great day of boating and had to be towed home, no one bothered to service the motor after the previous summer had ended. Prevention pays.

Yesterday I spent forty-five minutes calming a tooth down for

a man who had not had his teeth checked for over ten years. He was on vacation from Leopold, Kansas and had to take several hours out of his precious schedule to tend to a neglected tooth. However, his car had a new oil filter.

Dental problems don't just happen, we create them. But we can just as easily prevent them too. More than 95% of the dental pain treated each year throughout the country is on patients who have not been to the dentist for over a year. Seldom do we see dental pain with someone who has been to see the dentist within the past year.

Regular checkups give us a sense of security, not only can the dentist assure us that there are no hidden surprises in our mouths, but he can also give us the encouragement needed to keep up the good work. Statistics do not lie. People who visit the dentist experience less dental problems than those who pro-

crastinate those check-ups. This may sound redundant but the reason behind it is not. Regular dental visits inspire people to work harder at taking care of their teeth. Children brush faithfully for several months after each dental visit. Good prevention is inspired by a wise dentist but maintained by a faithful patient.

It is a proven fact that people who visit their dentist regularly spend less money on their teeth than their neighbors who go only to relieve pain. Most teeth can be filled more economically than they can be pulled, and it's no secret that replacing a missing tooth is very expensive. So pay me now or pay me later, or do yourself a favor and let prevention be the one to pay.

W. Scott Danley is a practicing dentist in Heber Valley, with offices at 575 So. 2nd East, Heber City. He is interested in your dental questions.

The FFA Sweetheart Contest to be Held

The annual FFA Sweetheart Contest will be held on Feb. the 20th at Wasatch High School Auditorium. The time is 8 a.m. There will be cake auction. The girls will be judged on there cakes, formals, interview, written test, question, modeling. The candidates are Kiz Ripple, the daughter of Paul and Sally Ripple; Angie Tadd, the daughter of Floyd and Margene

Tadd; Angie McKenzie, the daughter of Dennis and Peggy McKenzie; Shauna Robbins, the daughter of Susan and Richard

Robbins; Susie Webb, the daughter of Janet Webb; Monique Memmott, the daughter of Barry and Ramona Memmott; Jennifer Jacobson, the daughter of Keith and Deanne Jacobson; Jeanie Clyde,

the daughter of Calvin and Margie Clyde; Crystal Stephens, the daughter of Reed and Linda Stephens; Joann Snyder, the daughter of Billie Christensen

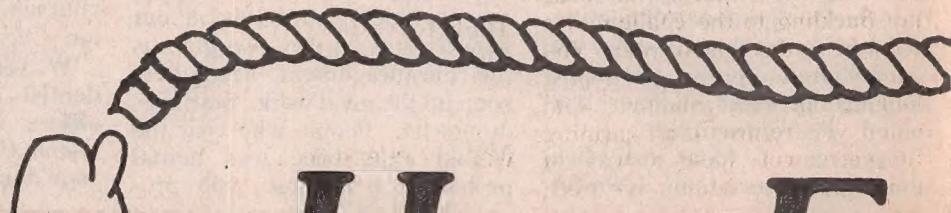
and Sheldon Snyder and Tashua Jensen, the daughter of Lamart and Marcyme Jensen. Wasatch FFA Chapter would like to invite family and friends out to the contest.

Republican Women to Hold Luncheon

The Wasatch County Federation of Republican Women is holding another luncheon/meeting on Friday, February 15th. It will be held at 12:00 noon at the home of Marilyn Urry

in Midway. The special guest speaker will be Michelle Mitchell, a practicing attorney in Salt Lake City. She previously served as a clerk for Dallin Oaks. She will speak about women's issues

which will be of interest to us all. Any interested women are invited to attend. For more information call Sandy Crittenden, 654-2420.



Health Survey to be Taken in Heber

23 May 1985

The National Survey of Adult Dental Health is conducting a nationwide survey of adult dental health in Heber City. The survey through its' representative Westat, a private research organization, has chosen eleven businesses in the Heber area to assist them in conducting a dental health survey.

Persons chosen to participate in this survey were selected to help obtain information that will be used primarily for eliminating

the prevalence of tooth decay and gum disease in the adult U.S. Health planners and dental experts translate the findings into ways to improve dental health.

All information in this study will be kept confidential. All results will be published as statistical summaries only. It is anticipated that each examination will represent the condition of 8000 other people in the U.S.

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